



A Cognitive Behavioural Pain Management Programme **2002-2012**

Ulysses Pain Management Programme 10th Anniversary Celebration

Tallaght Hospital

FRIDAY 23rd NOVEMBER 2012



Accredited for 5 CPD points

Sponsored by an
educational grant from:



To register for this programme, please contact Brian Deegan
by email bdeegan@mandcgroup.ie or telephone 01-665 0300.

Grand Rounds at Tallaght Hospital

Venue: Trinity Lecture Theatre, Tallaght Hospital

Chair: Dr Camillus Power, Director of Ulysses Pain Management Programme, Tallaght Hospital

8.00-8.30am **Neurophysiology & the Pain Clinic**
Dr Mike Alexander, Consultant Neurophysiologist, Tallaght Hospital

8.30-9.00am **How to Live with Persistent Pain**
Professor Michael Nicholas, Director of ADAPT Pain Management Programme, Royal North Shore Hospital, Sydney, Australia

Pain Management Symposium – Interactive Discussion Forum

Venue: Robert Graves Centre, Tallaght Hospital

Facilitator: Dr Charles Pither, Founding Clinician of INPUT Pain Management Programme, St Thomas' Hospital, London

9.00-9.45am **Ulysses – A Comprehensive Review Of Clinical Data**
Dr Brona Fullen, UCD School of Public Health, Physiotherapy and Population Science

9.45-10.15am **Physiotherapy: Exercise Intensity Maximising Change**
Professor Harriet Wittink, Professor Lifestyle and Health, Utrecht University of Applied Sciences, The Netherlands

10.15-10.45am **Psychology & Pain Management: New Ideas – Is CBT Best?**
Professor Michael Nicholas, Director of ADAPT Pain Management Programme, Royal North Shore Hospital, Sydney, Australia

10.45-11.00am Tea/Coffee

11.00-11.10am **Occupational Therapy & Pain Management Programme**
Valerie Kelley, Ex-Ulysses, USA

11.10-11.20am **Pain Medicine & Rehabilitation**
Dr Camillus Power, Director of Ulysses Pain Management Programme, Tallaght Hospital

11.20-12.00pm **Open Discussion Forum**

Annual Patient Refresher Course

Venue: Dodder Room, Tallaght Hospital

12.00-12.45pm **Revision – Core Principles**
Facilitated by the Ulysses multidisciplinary team; Sheila Horan, Orla Spencer, Simone Derham & Olga Hill

1.00-2.00pm **Guest Speakers**
Professor Michael Nicholas, Australia – Author of the book 'Manage Your Pain'
Dr Charles Pither, Specialist in Pain Rehabilitation, UK
Professor Harriet Wittink, Exercise Specialist, The Netherlands